



Get to Know RCCMHC

RCCMHC offers FREE whole-family support through a multi-disciplinary "it takes a village" team that works closely with crisis/ walk-in services, county, school, primary care, local healers, and family service agencies.

	<p>Text or call 800-565-2575 for resource connections, referrals, and professional case consultation. https://www.rccmhc.org/</p>		<p>Healing, belonging, and hope! Families and local providers refer to RCCMHC as their “Collab Family.” We offer peer support, resilience coaching, and skills practice. https://www.rccmhc.org/ourteam</p>
	<p>A caregiver-guided assessment of needs and opportunities leads to resource connections, systems navigation, and care team coordination. Our team can help you set up a Family Care Organizer. https://www.rccmhc.org/all-in-one-place</p>		<p>Rapid Access or Short-Term Therapy is available for youth with complex needs who would benefit from a “whole family” care team approach. Our priority partnerships with local agencies reduce wait times. https://www.rccmhc.org/slmh</p>
	<p>Large group psychoeducation. Youth activities, holistic wellness programs, resource connections events and leadership opportunities. https://www.rccmhc.org/for-families</p>		<p>NEW Search Tool: Use the filter to narrow your search for Crisis, Inpatient, PHP, IOP, Residential, Outpatient Mental Health, Chemical Health & Other Family Services. https://www.rccmhc.org/search-tool</p>
	<p>Community Bulletin Boards make it easy to find and share local, time-sensitive Resources. https://www.rccmhc.org/community-bulletin-board</p>		<p>Visit our Virtual CALM Room to find 80+ tools to distract, relax and help you cope. Our team can help you and your child practice these strategies. https://www.rccmhc.org/breathe</p>



In addition to direct services, RCCMHC also works at the policy level with our community partners and the SRFC and SPCC collaboratives. We support countywide resource sharing, non-billable “whole family” services, and capacity building/professional development. One example is a partnership with SRFC to provide Crisis Kits to local hospitals. <https://www.rccmhc.org/our-work>

