Collaborative
School Linked Mental Health

An enhanced SLMH model that connects students and their families with a diverse pool of clinicians and whole-family support specialists who offer free Collaborative Supports, Rapid Access, and Short Term Therapeutic Services.

Mental health services will be provided by a diverse pool of BIPOC, bilingual, LGBTQ, and specialty clinicians who provide a wide range of therapies for early childhood through 12th grade. Services will be available year-round, day/evening and weekends, in-clinic, virtually, in-home and in-community.

Our population of focus will be youth struggling with emotions/behaviors who would benefit from a "whole family" care-team approach. In particular: families with complex needs or multi-system involvement, families experiencing barriers to service, underserved, under-supported, and marginalized families.

- **One point of access: RCCMHC Family Support Specialists will follow up on your referral within 24 hours (M-F.)**
- **We will provide a psycho-social family assessment to determine the best service path and set appointments. Transportation and interpreter services will also be offered as long as grant funding is available.**
- **Care Team coordination with School, RC Crisis, Hopsitals, CPS, Public Health, Case Management & Basic Needs Navigators etc.**
- **Free resource navigation, resilience coaching, youth activities, group psychoeducation, peer support, holistic wellness programs, and more!**
- **RAPID ACCESS: up to 3 free sessions, pre-DA, short wait times, youth assessment, coping skills, referral to therapy and/or other supports.**
- **THERAPY: 6 to 16 sessions, Diagnostic Assessment, individualized psycho-ed, coping skills, youth and/or family therapy.** (3rd party billing and/or sliding fees)

Online Referral: https://www.rccmhc.org/referral

If you have a referral question or if you need a free consultation
- Call or text the RCCMHC **Resource Line 800-565-2575**
- Or, email RCCMHC at holly@rccmhc.org

Our Clinical Partners

Crecer
Fraser
Metro Social Services
Natalis Counseling
Peak Behavioral Health
True Thao Counseling
Winston Behavioral Health

For emergency, safety concerns or crises that need same-day response:
dial 911 or call the Ramsey County Mobile Crisis Team 651-266-7878

RCCMHC

How are the Children? Suburban Ramsey Family Collaborative