



Supporting Youth & Families through Challenging Times

for School Staff & Family Service Providers

Increased stress and isolation are leading to increased mental health, substance use, and maltreatment issues. Please use this flow chart and the attached "Closer Look" pages to better understand Ramsey County and community-based options for supporting youth and families through challenging times. Ramsey County Children's Mental Health Collaborative is here to help too! We offer trainings, resources, family support, and community connections. For more info on RCCMHC, please email wendy@rccmhc.org or call 612-499-1121

