

Supporting Youth & Families through Challenging Times

for School Staff & Family Service Providers

Increased stress and isolation are leading to increased mental health, substance use, and maltreatment issues. Please use this flow chart and the attached "Closer Look" pages to better understand Ramsey County and community-based options for supporting youth and families through challenging times. Ramsey County Children's Mental Health Collaborative is here to help too! We offer trainings, resources, family support, and community connections. For more info on RCCMHC, please email wendy@rccmhc.org or call 612-499-1121

Emotion or Behavior Concerns



Parent/child conflict

Suicidal ideation; threats to self or others (no plan/means)

Behavior changes, severe agitation, rapid mood swings, mania, depression,confused or irrational thinking; psychosis, isolating

Resource connections

***In-person, virtual or phone interventions, mobile crisis team, professional consultations, nonemergency transport, and "door knocks"

Youth Crisis Response 651-266-7878 (24/7)

Adult Crisis Response 651-266-7900 (24/7)

Immediate Safety Concerns, Danger or Fire



Youth is in immediate danger and may need physical interventions (ie. running in traffic)

Youth is injured and may need medical attention (ie, ingested medications, significant lacerations on arms)

A fire, smoke, or gas leak is suspected.

A crime has occured or needs to be reported.

Maltreatment & Safety Concerns



Suspected Sexual abuse

Suspected Neglect

Suspected Physical abuse

Suspected Mental injury

Threatened injury

Runaway or "kicked out"

Need for immediate placement/ shelter (safety)

***Professional consultations for Mandated Reporters

Parenting Support & Resources



Temporary placement needed; Caregiver is incapacitated (ie. primary caregiver has COVID and is too ill to care for children)

Resource connections to technology, food, basic needs support, masks...

Info and referrals for community-based parenting support, informal respite, kinship care, and volunteer host homes.

***Professional consultations. Child Welfare does NOT result in an "open CPS case."

Assessment, Coordination & Respite



Short term screening, assessment, arrangement of ongoing services (Project Assist)

Referral for specialized mental health services

Intervention and coordination of ongoing services for youth with serious MH needs

Formal respite services for youth with serious mental health needs.

Emergency (EMS)
Call 911

Child Protection 651-266-4500 (24/7)

Child Welfare 651-266-4500 (24/7)

Case Management 651-266-4486